



Lee's ATA Martial Arts- Laveen Campus

3636 W. Baseline Rd. #196 Laveen, AZ 85339

(602) 605-8815 | www.leesATAmember.com

Effective February 29th, 2016

| CLASS SCHEDULE | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------------|---------------------|----------------|--------------------------|----------------|--------------------|---------------------------|---------|
| Tiny Tiger - White-Yellow | | 6:00 pm | 4:00 pm | 5:45 pm | 5:00 pm | 10:00 am | |
| Tiny Tiger – Weapons training | 4:45 pm (45 min) | | | | 4:00 pm (30min) | 9:00 am (30min) | |
| Tiny Tiger – Intermediate/Adv. | 4:15 pm | 6:00 pm | | 4:15 pm | 4:30 pm | 10:00 am | |
| Tiny Tiger – Sparring | | | | | | 9:30 am | |
| Karate Kid – White to Camo | 5:30 pm | 4:30 pm | 4:00 pm 5:30pm | 5:00 pm | 6:15 pm | 8:00am 10:30 am | |
| Karate Kid Green-Red | 4:00 pm | | 4:45 pm | 5:30 pm | 4:15 pm | 11:15 am | |
| Rec Blk Belt-Black Belt Kids | | | 4:45 pm | 4:45 pm | 5:30 pm | 11:15 am | |
| Karate Kid Black Belt Only | 7:00 pm | | | | | | |
| Karate Kid Sparring | 4:45 pm | | | | 6:30 pm | | |
| Family Class | | | | 6:15 pm | | | |
| Teen/Adult – Color Belts | | 6:30 pm | 6:15 pm | 7:00 pm | | 12:15 pm | |
| Teen/Adult - Black Belt | 7:00 pm | 6:30 pm | 7:15pm | | | 12:15 pm | |
| Adult Sparring Open Floor | | 7:30 pm | | | | | 10:00am |
| Tournament Prep | | 5:15 pm | | | | 10:45 am | |
| (XMA) Hyper Pro Training | | 4:30 pm | 6:15 pm | | | 11:15 am | |
| Demo Team (45min) | | | | | 5:00 pm | | |
| Leadership | 6:15 pm | | 5:30 pm | | | | |
| CTI/JTI | | 5:15 pm | | | | | |
| Kids Fight Club ages 8-15ys | 5:30 pm | | | 6:15 pm | 5:45 pm | 10:00 am | |
| | | | | | | | |
| Martial Fitness (60 min.) | 7:00 pm | | 7:00 pm | 7:00 pm | | 8:00 am | |
| Cage Fitness (30 min.) | | 7:30 pm | | | | 8:30 am | |
| Krav Maga(60min.) | 6:15 pm | | 8:00 pm | | | 9:00 am | |

Owner/CEO: Senior Master Landgren-Lee, 7th Degree Black Belt
President: Mr. Anthony Landgren-Lee, 4th Degree

VP of Operations:
 Ms. Patricia Martinez, 3rd degree Black Belt

Manager/Program Director:
 Ms. Adriana Martinez, 5th Degree Black Belt

Taekwondo Instructors:
 Mr. Justin Martinez, 4th Degree Black Belt

Fitness Instructors:
 Mr. Max Olivas, 1st Degree Black Belt
 Mr. Vincent Howard, 1st Degree Black Belt
 Ms. Anita Rodriguez

Assistant Instructors:
 Mr. Carlos Vasquez 3rd Degree Black Belt
 Mr. Brooks Kong-Sivert, 2nd Degree Black Belt

*Please arrive to your class 10-minutes early to provide time for your child to use the restroom prior to class. Adults also should stretch prior to starting class. High rank students may attend lower rank classes, but we will only teach material specific to the class you attend.

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YOUTUBE: ATA LAVEEN **Instagram:** @LeesATA.AZ **TAG US!** #LeesATA

