



Lee's ATA Martial Arts- Paradise Valley Campus

3131 E. Thunderbird Rd. #14 Phoenix, AZ 85032

(602) 485-5425 | www.leesATAmember.com

Effective 1/11/2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIGERS <i>Ages 3-6 Beginners</i>	4:00-4:30pm	4:00-4:30pm		4:00-4:30pm; Tiger Ldrshp 4:30-4:45pm		9:15-9:45am Tiger Ldrshp 9:45-10:00am
LATE TIGERS <i>Ages 3-6 Beginners</i>			5:15-5:45pm	6:00-6:30pm		
WHITE BELT ONLY <i>Ages 7-Up</i>			4:45-5:15pm		4:00-4:15pm	
ALL RANK CLASS <i>Ages 7-Up, All Ranks</i>	4:30-5:15pm	4:30-5:15pm	4:00-4:45pm		4:15-5:00pm	10:00am-10:45am
LATE ALL RANK CLASS <i>Ages 7-Up, All Ranks</i>		6:00-6:45pm	6:30-7:15pm	5:15-6:00pm		11:15am-12:00pm
FAMILY CLASS <i>All Ages, All Ranks</i>		6:00-6:45pm				11:15am-12:00pm
KIDS SPARRING <i>Camo Belts & Up Only</i>		5:15-6:00pm		4:45-5:15pm <i>Combat BME</i>		
FIGHT CLUB <i>7-15 yrs old</i>	6:15-7:15pm		5:15-6:15pm			
LEADERSHIP <i>All Ranks</i>		4:00-4:30pm		5:15-6:00pm		10:45-11:15am
XMA/CREATIVE/TUMBLING <i>All Ages, All Ranks</i>	5:15-5:45pm Tumbling 5:45-6:15pm			6:00-6:30pm Tumbling		
COMPETITION CLASS <i>Leadership Only</i>					5:30-6:30pm	
HYPER PRO-TRAINING <i>Leadership Only</i>			4:45 - 5:15pm		5:00-5:30pm	
JTI / CTI CLASS <i>All Ages, All Ranks</i>	6:15-6:45pm			6:00-6:30pm		
BLACK BELT ONLY CLASS <i>All Ages, Black Belts</i>	6:45-7:30pm		5:45 -6:30pm	6:30-7:30pm		12:00-1:00pm
ALL TEENS & ADULTS <i>Ages 13+ All Ranks</i>	7:30-8:30pm			7:30-8:30pm		12:00-1:00pm
FIGHT CLUB <i>16 yrs and up</i>			7:15-8:15pm	6:30-7:30pm		
ADULT SPARRING		7:30-8:30pm <i>Adults Only</i>		7:30-8:30pm <i>Combat BME</i>		
KRAV MAGA <i>(Ages 16 - up)</i>		6:45-7:45pm	6:15-7:15pm		6:30-7:30pm	
WARRIOR X-FIT <i>Adults Only, or 16+</i>		6:45-7:15pm		6:30-7:00pm		
KICKBOXING AEROBICS <i>Adults Only, or 16+</i>	7:30-8:30pm					
CAGE FITNESS <i>Adults Only, or 16+</i>			7:30-8:00pm			

Chief Instructor: Ariana Caballero, 4° Black Belt **Program Director:** Bianca Perez, 2° Black Belt **Manager:** Jason Jonas, 3° Black Belt

Private Lessons: In the event that you miss classes due to illness or vacation it is our intention to assist you in getting back up to speed with the rest of the class as soon as possible. There is no charge for a 10 minute private lesson by appointment. Paid private lessons packages are also available for students wanting to train at an elite level for competition or personalized instruction. Private lessons range from \$15 - \$30 per lesson by appointment.

***Tip* Exam:** www.TinyURL.com/Lees-ATA-Graduations | Tip Testing is the 5th week of every cycle and is required in order to test at graduation.

ALL STUDENTS NEED THE FOLLOWING GEAR FOR SAFETY AND TRAINING PURPOSES:

White Belts – combat gloves, combat weapon & SJB Orange Belts –Head Gear & foot pads Yellow Belts – sparring gloves & gear bag
Camouflage and above – FULL ATA APPROVED SPARRING GEAR

Web: LeesATAmember.com **Email:** leesataparadisevalley@gmail.com

Find us on Facebook! FOLLOW US on Instagram: LeesATA.AZ

