

Lee's ATA Martial Arts Academy – Tempe

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Effective June 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tiger	4:15 PM	4:15 PM		5:15 PM	Open for special events	9:00 AM	10:45 am
WHITE ONLY			5:00 PM				
<u>White - Red</u>	5:15 PM	6:00 PM	5:30 PM 6:30 PM	5:15 PM		10:00 AM 11 AM	10:00 Am 11:15 AM
Red and R/B (30 Minutes)	4:45 PM	4:45 PM	4:30 PM			9:30 AM	
R/B and Black Belt	6:00 PM	5:00 PM	5:30 PM	6:15 PM		11:00 AM	11:15 am
Teen/Adult All Ranks	7:15 PM	7:30 PM	7:15 PM	7:30 PM		12:00 PM	
Kids Sparring			5:00 PM			9:30 AM	
Adult Sparring	7:15 PM					11:15 AM	
Combat BME K4k						10:00 AM	
Combat BME Adult						10:30 AM	
Competition Sparring						11:15 AM	
Competition Class						12:00 PM	
TIGER Black Belt Club	4:45 PM (15 min)					9:30 AM (15 min)	
Leadership	6:45 PM	6:45 PM		7:00 PM			
XMA			6:30 PM				
CTI/JTI			7:15 PM				
Special Olympics Prequal			4:00 PM				
Krav Maga	7:00 PM	7:00 PM		7:00 PM		8:00 AM	
Cage Fitness		7:00 PM		7:00 PM		8:30 AM	
Kickbox Aerobics	12:00 PM 6:00 PM	6:00 PM	5:30 PM	6:00 PM		9:00 AM	

Instructors: Master Landgren Lee 7*, Mr. Benton 5*, Kristi Donato 3*

Chief Instructor: Ms. Hill 4*

Program Director: Ms. Hill 4*