



Lee's ATA Martial Arts- Tolleson Campus

9897 W. McDowell Rd. #715 Tolleson, AZ 85353

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Effective 12/18/2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ATA TIGERS <i>Ages 3-6 Turtle-Panther</i>	4:00-4:30pm	6:30-7:00pm	5:15-5:45pm		5:45-6:15pm	9:30-10:00am
ATA TIGERS SPARRING <i>Ages 3-6 All Ranks</i>		6:30-7:00pm				8:30-9:00am
ATA TIGERS ELITE <i>Ages 3-6, Mbrs Only</i>			4:45-5:15pm			9:00-9:30am
WHITE BELT ONLY <i>All Ages</i>				5:30-6:15pm	4:15-5:00pm	
KARATE KIDS- BEG <i>Ages 7-12 White-Camo</i>	4:30-5:15pm	4:15-5:00pm	5:45-6:30pm		6:15-7:00pm	
KARATE KIDS- INT <i>Ages 7-12 Green & Up</i>	5:15-6:00pm	5:00-5:45pm	4:00-4:45pm		5:00-5:45pm	
KARATE KIDS- ALL RANKS <i>Ages 7-12. All Ranks</i>				4:15-5:00pm		10:00-10:45am
K4K SPARRING <i>All Ranks with gear</i>		7:00-7:45pm				11:30-12:15pm
LEADERSHIP & XMA <i>All Ages, Mbrs Only</i>		5:45-6:30pm (Leadership)	4:45-5:15pm (Hyper)	5:00-5:30pm (Hyper)		12:30-1:15pm (competition team)
BLACK BELTS <i>All Ages</i>	6:00-7:00pm			7:15-8:00pm		
ALL TEENS & ADULTS <i>Ages 13+ All Ranks</i>	7:00-8:00pm		6:30-7:30pm	6:15-7:15pm		10:45-11:30am
ADULT SPARRING <i>All Ranks with gear</i>		7:45-8:30pm				11:30-12:30pm
TEEN/ADULT LEADERSHIP <i>Ages 13+, Mbrs Only</i>				7:15-8:15pm		
FAMILY CLASS <i>All Ages / All Ranks</i>	6:00-7:00pm					8:00-9:00am
ATA LEGACY <i>Mbrs Only</i>				5:30-6:15pm		
PRIVATE LESSON <i>By appointment only, booked in 30 minute sessions</i>	3:00-4:00pm 7:00-8:00pm		12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	7:00-9:00am 1:00-3:00pm

CEO/ Owner: Senior Master Michelle Landgren-Lee
 President: Mr. Anthony Landgren-Lee
 Vice President Ms. Patricia Martinez

Program Director/Chief Instructor: Mr. Lochridge 3* Black Belt
 Program Director: Mr. Rector 4* Black Belt
 Assistant Instructors: Mr. Harper 3* Black Belt
 Mr. Huynh 2* Black Belt
 Mr. Aldana 1* Black Belt

A FEW THINGS TO REMEMBER:

Parents- Did you know that you can attend class with your Tiger or Karate Kid and earn rank also?

All students are required to bring their combat stick, gloves, and ssahng jeol bong (chucks) to every class. Advanced rank students please bring all your gear to class since some classes will include sparring/ other drills.

If you have missed classes due to an extended illness or vacation, please contact your instructor to set an appointment for a free private lesson. Parent, teacher, child progress consultations are encouraged by appointment.

Online: www.leesatamember.com Email: lees.ata.estrella@gmail.com

Find us on Facebook: "Lee's ATA Martial Arts- Tolleson"

Review us on Google or Yelp! Follow us on Instagram: [LeesATA](https://www.instagram.com/LeesATA)

