



Lee's ATA Martial Arts – Tolleson

9550 W. Van Buren St. Tolleson, AZ 85353
623-936-9636 (call) 480-415-1136 (text)

IN PERSON ACADEMY CLASSES

Please arrive 5-10 minutes prior to class start time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ATA Tigers: Ara-Cheeri	4:00-4:30pm	5:45-6:15pm	4:00-4:30pm	3:45-4:15pm	5:30-6:00pm	9:00-9:30am
ATA Tigers: Raon+	4:00-4:30pm	5:45-6:15pm	4:00-4:30pm	3:45-4:15pm	5:30-6:00pm	9:00-9:30am
ATA Tigers: Sparring		5:00-5:30pm				8:15-8:45am
ATA Tigers: Leadership	5:45-6:30pm			5:30pm-6:15pm	5:00-5:30pm	
ATA Kids: White-Yellow	4:45-5:30pm	4:00-4:45pm	4:45-5:30pm	4:30-5:15pm	6:15-7:00pm	9:45-10:30am
ATA Kids: Camo - Purple	4:45-5:30pm	4:00-4:45pm	4:45-5:30pm	4:30-5:15pm	6:15-7:00pm	11:30-12:15pm
ATA Kids: Blue – Black Belts	6:45-7:30pm	6:30-7:15pm	6:45-7:30pm	6:30-7:15pm		11:30-12:15pm
ATA Kids: Sparring		5:00-5:30pm				10:45-11:15am
ATA Kids: Leadership	5:45-6:30pm			5:30-6:15pm		
ATA Kids: Competition Team			5:45-6:30pm			
ATA Teens & Adults: White – Black Belts	7:00-8:00pm		7:00-8:00pm	6:30-7:30pm		12:30-1:30pm
ATA Teens: Leadership	5:45-6:30pm		5:45-6:30pm	5:30-6:15pm		
ATA Legacy		5:45-6:30pm				
ATA Fitness Test: 1st Week of Month						7:00-8:00am
Kickbox Aerobics: Ages 18+	6:00-6:45pm		6:00-6:45pm			

VIRTUAL TRAINING ACADEMY CLASSES

www.zoom.us Mtg ID: 322-753-5744

	Monday	Tuesday	Wednesday	Saturday
ATA Tigers	4:15-4:45PM		4:15-4:45PM	8:00-8:30AM
WHITE-YELLOW BELTS	4:50-5:35PM	4:50-5:35PM	4:50-5:35PM	8:00-8:30AM
CAMO – BROWN BELTS	5:40-6:25PM	6:30-7:15PM	5:40-6:25PM	8:45-9:30AM
RED+	6:30-7:15PM		6:30-7:15PM	8:45-9:30AM
LEADERSHIP		5:40-6:25PM		9:30-10:15AM

CEO: Chief Master Michelle Landgren-Lee, 8*

President: Master Nominee Anthony Landgren-Lee, 6*

Vice President: Ms. Patricia Martinez, 4*

Campus Director: Mr. Jesse Lochridge, 4*

Chief Instructor: Mr. Mitchell Freedman, 4*

Program Directors: Mr. Garibaldi (Espanol) 4*, Miss French, 2*

Instructors: Mr. Aldana (Espanol) 3*, Mr. Kerns 3*, Mr. Contreras 3*

